

This institution is an equal opportunity provider.

JANUARY 2020 Breakfast Menu

Breakfast Meal Price: \$1.00

Seabrook School District
Abigail Kaplan, School Nutrition Director

Monday

Tuesday

Wednesday

Thursday

Friday

No School

1

Entrée Options:
Warm WG Baked Cinnamon Bun or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

2

Entrée Options:
Warm WG Pancakes or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

3

Entrée Options:

Warm WG Double Chocolate Muffin or Cereal
Fresh fruit or applesauce
Graham Crackers
100% Juice and Milk

6

Entrée Options:

Warm WG Mini Cinnamon Roll or Cereal
Fresh fruit or applesauce
Graham Crackers
100% Juice and Milk

7

Entrée Options:

Warm WG Maple Madness Waffles or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

8

Entrée Options:

Warm WG Banana Bread or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

9

Entrée Options:

WG Donut Holes or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

10

Entrée Options:

WG Cinnamon Crumb Cake or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

13

Entrée Options:

Fresh Baked WG Breakfast Pizza or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

14

Entrée Options:

Warm WG Mini Bagels with Cinnamon Cream Cheese or Cereal
Fruit or Applesauce
Graham Crackers

15

Entrée Options:

Warm WG Baked Cinnamon Bun or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

16

Entrée Options:

Assortment of Warm Breakfast Items or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

17

No School

20

Entrée Options:

Warm WG Mini Cinnamon Roll or Cereal
Fresh fruit or applesauce
Graham Crackers
100% Juice and Milk

21

Entrée Options:

Warm WG Maple Madness Waffles or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

22

Entrée Options:

Warm WG Banana Bread or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

23

Entrée Options:

WG Donut Holes or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

24

Entrée Options:

WG Cinnamon Crumb Cake or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

27

Entrée Options:

Fresh Baked WG Breakfast Pizza or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

28

Entrée Options:

Warm WG Mini Bagels with Cinnamon Cream Cheese or Cereal
Fruit or Applesauce
Graham Crackers

29

Entrée Options:

Warm WG Baked Cinnamon Bun or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

30

Entrée Options:

Warm WG Pancakes or Cereal
Fruit or Applesauce
Graham Crackers
100% Juice and Milk

31

WG = Whole Grain

Menu Subject to Change