

JANUARY 2021 Breakfast Menu – Classroom Feeding

Colbie Shepard.

Seabrook School District
Abigail Kaplan, School Nutrition Director

Monday

Tuesday

Wednesday

Thursday

Friday

Per USDA / state guidance and the approved national waiver, all meals are free for students (remote and in person) for the 20 – 21 school year.

Please be aware, this menu is subject to change.

2021

1

No School

4

Warm WG Chocolate Chip Muffin
Or Chef's Choice Entrée
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

5

Warm WG Mini Cinnamon Rolls
Or Chef's Choice Entrée
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

6

Warm WG Glazed Donut Stick
Or Chef's Choice Entrée
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

7

Warm WG Cinnamon Cream Cheese
Bagels or Chef's Choice Entrée
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

8

Warm WG Apple Strudel
Or WG Bagel with Cream Cheese
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

11

Warm WG Chocolate Chip Muffin
Or WG Bagel with Cream Cheese
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

12

Warm WG Mini Cinnamon Rolls
Or Chef's Choice Entrée
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

13

Warm WG Glazed Donut Stick
Or Chef's Choice Entrée
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

14

Warm WG Cinnamon Cream Cheese
Bagels or Chef's Choice Entrée
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

15

Warm WG Mini Pancakes
Or WG Bagel with Cream Cheese
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

18

No School

19

Warm WG Mini Cinnamon Rolls
Or Chef's Choice Entrée
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

20

Warm WG Glazed Donut Stick
Or Chef's Choice Entrée
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

21

Warm WG Cinnamon Cream Cheese
Bagels or Chef's Choice Entrée
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

22

Whole Grain Chocolate Filled Crescent or
WG Bagel with Cream Cheese
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

25

Warm WG Chocolate Chip Muffin
Or WG Bagel with Cream Cheese
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

26

Warm WG Mini Cinnamon Rolls
Or Chef's Choice Entrée
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

27

Warm WG Glazed Donut Stick
Or Chef's Choice Entrée
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

28

Warm WG Cinnamon Cream Cheese
Bagels or Chef's Choice Entrée
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

29

Fresh Baked Breakfast Pizza or WG Bagel
with Cream Cheese
Graham Crackers, 100% Fruit Juice
Fruit or Cranberries
1% White Milk

WG = Whole Grain

This institution is an equal opportunity provider.