## **NOVEMBER 2019 Breakfast Menu**

Breakfast Meal Price: \$1.00

This institution is an equal opportunity provider.

Seabrook School District
Abigail Kaplan, School Nutrition Director

Tuesday Friday Monday Wednesday **Thursday** Entrée Options: Warm WG Pancakes or Cereal Fruit or Applesauce **Graham Crackers** 100% Juice and Milk 6 Entrée Options: Entrée Options: Entrée Options: Entrée Options: Entrée Options: Warm WG Double Chocolate Warm WG Mini Cinnamon Roll or Warm WG Maple Madness Warm WG Banana Bread or WG Donut Holes or Cereal Muffin or Cereal Cereal Cereal Waffles or Cereal Fruit or Applesauce Fresh fruit or applesauce Fruit or Applesauce Fruit or Applesauce Fresh fruit or applesauce **Graham Crackers Graham Crackers Graham Crackers Graham Crackers Graham Crackers** 100% Juice and Milk 13 Entrée Options: Entrée Options: Entrée Options: No School! Entrée Options: Warm WG Mini Bagels with Fresh Baked WG Breakfast Warm WG Baked Cinnamon Bun Warm WG Pancakes or Cereal Cinnamon Cream Cheese or Pizza or Cereal or Cereal Fruit or Applesauce Cereal Fruit or Applesauce Fruit or Applesauce **Graham Crackers** Fruit or Applesauce **Graham Crackers Graham Crackers** 100% Juice and Milk **Graham Crackers** 100% Juice and Milk 100% Juice and Milk 18 20 Entrée Options: Entrée Options: Entrée Options: No School! Entrée Options: Warm WG Double Chocolate Warm WG Mini Cinnamon Roll or Warm WG Banana Bread or WG Donut Holes or Cereal Cereal Muffin or Cereal Cereal Fruit or Applesauce Fresh fruit or applesauce Fruit or Applesauce Fresh fruit or applesauce **Graham Crackers Graham Crackers Graham Crackers Graham Crackers** 100% Juice and Milk 100% Juice and Milk 100% Juice and Milk 100% Juice and Milk 26 27 25 28 Entrée Options: Entrée Options: No School! No School! No School! WG Cinnamon Crumb Cake or Fresh Baked WG Breakfast Cereal Pizza or Cereal Fruit or Applesauce Fruit or Applesauce **Graham Crackers Graham Crackers** 100% Juice and Milk 100% Juice and Milk

WG = Whole Grain

Menu Subject to Change