

# NOVEMBER 2019 Breakfast Menu

Breakfast Meal Price: \$1.00

This institution is an equal opportunity provider.

Seabrook School District

Abigail Kaplan, School Nutrition Director

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Entrée Options:  
Warm WG Double Chocolate Muffin or Cereal  
Fresh fruit or applesauce  
Graham Crackers  
100% Juice and Milk

Entrée Options:  
Warm WG Mini Cinnamon Roll or Cereal  
Fresh fruit or applesauce  
Graham Crackers  
100% Juice and Milk

Entrée Options:  
Warm WG Maple Madness Waffles or Cereal  
Fruit or Applesauce  
Graham Crackers  
100% Juice and Milk

Entrée Options:  
Warm WG Banana Bread or Cereal  
Fruit or Applesauce  
Graham Crackers  
100% Juice and Milk

Entrée Options:  
Warm WG Pancakes or Cereal  
Fruit or Applesauce  
Graham Crackers  
100% Juice and Milk

No School!

Entrée Options:  
Fresh Baked WG Breakfast Pizza or Cereal  
Fruit or Applesauce  
Graham Crackers  
100% Juice and Milk

Entrée Options:  
Warm WG Mini Bagels with Cinnamon Cream Cheese or Cereal  
Fruit or Applesauce  
Graham Crackers

Entrée Options:  
Warm WG Baked Cinnamon Bun or Cereal  
Fruit or Applesauce  
Graham Crackers  
100% Juice and Milk

Entrée Options:  
Warm WG Pancakes or Cereal  
Fruit or Applesauce  
Graham Crackers  
100% Juice and Milk

Entrée Options:  
Warm WG Double Chocolate Muffin or Cereal  
Fresh fruit or applesauce  
Graham Crackers  
100% Juice and Milk

Entrée Options:  
Warm WG Mini Cinnamon Roll or Cereal  
Fresh fruit or applesauce  
Graham Crackers  
100% Juice and Milk

No School!

Entrée Options:  
Warm WG Banana Bread or Cereal  
Fruit or Applesauce  
Graham Crackers  
100% Juice and Milk

Entrée Options:  
WG Donut Holes or Cereal  
Fruit or Applesauce  
Graham Crackers  
100% Juice and Milk

Entrée Options:  
WG Cinnamon Crumb Cake or Cereal  
Fruit or Applesauce  
Graham Crackers  
100% Juice and Milk

Entrée Options:  
Fresh Baked WG Breakfast Pizza or Cereal  
Fruit or Applesauce  
Graham Crackers  
100% Juice and Milk

No School!

No School!

No School!

WG = Whole Grain

Menu Subject to Change

